

# Proostmeerloop 2024

| Pl.                | Startnr. | Naam                      | Plaats      | Tijd    |
|--------------------|----------|---------------------------|-------------|---------|
| <b>Dames 5km</b>   |          |                           |             |         |
| <b>Wagenborgen</b> |          |                           |             |         |
| 1.                 | 342      | Romee van Voornveld       | Wagenborgen | 23:47   |
| 2.                 | 356      | Inge van Nikkelen Kuijper | Wagenborgen | 24:59   |
| 3.                 | 346      | Christien Meijer          | Wagenborgen | 25:09   |
| 4.                 | 357      | Vivian Steiger            | Wagenborgen | 28:39   |
| 5.                 | 359      | Isis van der Molen        | Wagenborgen | 30:09   |
| 6.                 | 340      | Elize Smit                | Wagenborgen | 30:09   |
| 7.                 | 339      | Gerda Degenhardt          | Wagenborgen | 30:15   |
| 8.                 | 301      | Stephanie Smit            | Wagenborgen | 30:25   |
| 9.                 | 323      | Judith Kremer             | Wagenborgen | 30:48   |
| 10.                | 338      | Diewerke Ploeger          | Wagenborgen | 31:21   |
| 11.                | 325      | Dorien Doornbos           | Wagenborgen | 32:17   |
| 12.                | 350      | Alie Niehof               | Wagenborgen | 32:57   |
| 13.                | 312      | Annechiena Elzinga        | Wagenborgen | 33:03   |
| 14.                | 324      | Nienke van der Laan       | Wagenborgen | 33:33   |
| 15.                | 328      | Marian Beltman            | Wagenborgen | 33:38   |
| 16.                | 304      | Harma Hielkema-Damstra    | Wagenborgen | 33:54   |
| 17.                | 360      | Leila Doddema             | Wagenborgen | 35:18   |
| 18.                | 329      | Mennie Geertsema          | Wagenborgen | 35:46   |
| 19.                | 355      | Marije van der Wijk       | Wagenborgen | 36:14   |
| 20.                | 333      | Lisa Geurtsen             | Wagenborgen | 37:41   |
| 21.                | 332      | Erica Godlieb             | Wagenborgen | 41:58   |
| 22.                | 327      | Ina Stoutmeijer           | Wagenborgen | 41:58   |
| DNS                | 335      | Anouk Smit                | Wagenborgen |         |
| <b>Dames 10km</b>  |          |                           |             |         |
| <b>Wagenborgen</b> |          |                           |             |         |
| 1.                 | 116      | Alina Stoutmeyer          | Wagenborgen | 59:46   |
| 2.                 | 117      | Anouk Smit                | Wagenborgen | 1:00:24 |
| <b>Heren 10km</b>  |          |                           |             |         |
| <b>Wagenborgen</b> |          |                           |             |         |
| 1.                 | 46       | Jorrit Rinsma             | Wagenborgen | 41:24   |
| 2.                 | 50       | M Haaksma                 | Wagenborgen | 55:14   |
| 3.                 | 45       | Bert Krol                 | Wagenborgen | 57:34   |
| 4.                 | 47       | Emiel Kuipers             | Wagenborgen | 58:29   |
| 5.                 | 240      | Siemon Bierma             | Wagenborgen | 59:49   |
| 6.                 | 48       | Sander Kuipers            | Wagenborgen | 1:02:22 |
| <b>Heren 5km</b>   |          |                           |             |         |
| <b>Wagenborgen</b> |          |                           |             |         |
| 1.                 | 200      | Ramon Dobma               | Wagenborgen | 20:48   |
| 2.                 | 232      | Arjan Boerema             | Wagenborgen | 20:49   |
| 3.                 | 251      | Jeroen Morrel             | Wagenborgen | 23:35   |
| 4.                 | 221      | Tom Doornbos              | Wagenborgen | 24:06   |
| 5.                 | 242      | Ron Bult                  | Wagenborgen | 24:11   |
| 6.                 | 252      | Martijn Brons             | Wagenborgen | 24:16   |
| 7.                 | 229      | Sjirk de Jong             | Wagenborgen | 26:06   |
| 8.                 | 249      | Michel Ommer              | Wagenborgen | 26:32   |

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|------------|-----------------|--------------------|---------------|-------------|
| 9.         | 255             | Tim Vegter         | Wagenborgen   | 26:49       |
| 10.        | 244             | Ruben Poort        | Wagenborgen   | 27:16       |
| 11.        | 241             | Gerben Land        | Wagenborgen   | 27:22       |
| 12.        | 262             | Jurrie Jansen      | Wagenborgen   | 27:47       |
| 13.        | 234             | Andre Smit         | Wagenborgen   | 27:49       |
| 14.        | 222             | Ben Beltman        | Wagenborgen   | 28:25       |
| 15.        | 245             | A Poort            | Wagenborgen   | 28:38       |
| 16.        | 250             | Eefko Loer         | Wagenborgen   | 28:54       |
| 17.        | 233             | Gunnar Doornbos    | Wagenborgen   | 28:57       |
| 18.        | 225             | Elbert Godlieb     | Wagenborgen   | 29:05       |
| 19.        | 268             | Joey Beekhuis      | Wagenborgen   | 29:16       |
| 20.        | 228             | Rinse Hiemstra     | Wagenborgen   | 29:16       |
| 21.        | 235             | Niek Smit          | Wagenborgen   | 29:21       |
| 22.        | 246             | Martijn Meijer     | Wagenborgen   | 30:58       |
| 23.        | 210             | Samuel van der Waa | Wagenborgen   | 31:24       |
| 24.        | 263             | Mark Paapst        | Wagenborgen   | 32:19       |
| 25.        | 254             | Ruben Brons        | Wagenborgen   | 32:37       |
| 26.        | 253             | Rune Schikker      | Wagenborgen   | 32:38       |
| 27.        | 260             | Skije Nijdam       | Wagenborgen   | 32:49       |
| 28.        | 243             | Frans Bakker       | Wagenborgen   | 34:19       |
| 29.        | 256             | Lars Levinga       | Wagenborgen   | 35:17       |
| 30.        | 261             | Quinn Nijdam       | Wagenborgen   | 35:22       |
| 31.        | 218             | Sem Stuit          | Wagenborgen   | 35:22       |
| 32.        | 203             | Lars Veenstra      | Wagenborgen   | 35:25       |
| 33.        | 236             | Peter Bos          | Wagenborgen   | 36:15       |
| DNS        | 231             | Alex Beltman       | Wagenborgen   |             |